

## Dying to Self Finding Life in Christ

The main scriptures for this book are found in Jesus' command that anyone one would come after me, let him deny himself, pick up his cross, and follow Him. (Matt. 6:24) Jesus denied His desires and always did the will of the Father, He picked up His cross to die for our sins in obedience to the Father, and He never sinned but walked in perfect fellowship with His Father. The cross had one purpose – to Kill. When we pick up our cross, we crucify the flesh. When we follow Jesus's example, we obey God's commands. Other important scriptures are Gal 5:17 the flesh and the Spirit are constantly opposed to each other and Gal 5:25 "If we live by the Spirit, let us also walk by the Spirit."

Our flesh, our old nature must be "taken off," "put to death" and battled throughout our lives on earth. Then we can "put on" the new nature and live and walk by the Spirit.

We prepare for the Flesh to Die by

Lesson 1: The flesh (What it is)

Lesson 2: Identifying Our Flesh

Lesson 3: Dying to self

Once the self is identified, the flesh must be crucified – God gives us four tools or methods (or tests) to help us put the flesh to death. They are

Lesson 4: Weakness

Lesson 5: Suffering

Lesson 6: Humility

Lesson 7: Repentance

To follow Christ, we depend on the Holy Spirit in our lives by

Lesson 8 and 9: Walking in Truth

Lesson 10: Walking in Love

Lesson 11: Walking in Prayer

Lesson 12: Finding Life in Christ

Dying to self is the key to becoming free to walk by the Spirit.